



Estd. in 2008
बेटी बचाओ, बेटी पढ़ाओ

Jayoti Vidyapeeth Women's University, Jaipur

Daily Activities for Residential Students

Activities to Start your day with.....

Yoga & Meditation/Gym/Self Defense:	06:00 AM to 07:00 AM
Breakfast at University Mess:	07:30 AM to 08:45 AM
Regular Academics:	09:00 AM to 04:00 PM
Lunch Break as per Class Timetable:	12:00 AM to 02:00 PM
Remedial/Language/Multidisciplinary Classes:	03:00 PM to 04:00 PM
Library Timings/Computer Lab Timings:	04:00 PM to 08:00 PM
Indoor & Outdoor Games:	05:00 PM to 07:00 PM
Evening Snacks at University Mess:	04:30 PM to 05:30 PM
Entertainment-Discotheque/ T.V./ Movies:	06:00 PM to 08:00 PM
Dinner at University Mess:	07:30 PM to 09:00 PM
Night Attendance (At Respective Hostels):	10:30 PM to 11:30 PM

Activity Locations:

Yoga & Meditation:	Yog Sthal, Suryansh Open Auditorium
Self Defense/Gymnasium:	Suryansh Fitness Centre near University Mess
Indoor/ Outdoor Games:	Athletic Ground & First Floor Suryansh Open Auditorium
Discotheque:	Near Suryansh Open Auditorium
T.V. Room:	In Hostel MSH-I & MSH III
Dance Classes:	Sangeet Shala
Music Classes:	Sangeet Shala
Arts & Painting:	Fine Arts Lab