



JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR

Start your day with....

Yoga & Meditation/Gym/Self Defense:	06:00 AM – 07:00 AM
Breakfast at University Mess:	07:30 AM – 08:45 AM
Regular Academics:	09:00 AM – 04:00 PM
Lunch Break as per Class Timetable:	12:00 AM– 02:00 PM
Library Timings / Internet Lab Timings :	10:00 AM – 08:00 PM
Indoor & Outdoor Games:	03:00 PM – 07:00 PM
Evening Snacks at University Mess:	04:30 PM – 05:30 PM
Entertainment- Discotheque/ T.V./ Movie:	04:00 PM – 09:00 PM
Dinner at University Mess:	07:30 PM – 09:00 PM
Night Attendance (At Respective Hostels):	10:30 PM – 11:30 PM

Location

Yoga & Meditation:	Yog Sthal, Suryansh Open Auditorium
Self Defense/Gymnasium:	Suryansh Fitness Centre near University Mess
Indoor/ Outdoor Games:	Athletic Ground & First Floor Suryansh Open Auditorium
Discotheque:	Near Suryansh Open Auditorium
T.V. Room:	In Hostel MSH-I & MSH III
Dance Classes :	Sangeet Shala
Music Classes :	Sangeet Shala
Arts & Painting :	Fine Art Lab
Theater:	Academic Block I and Academic Block III