



Estd. in 2008
बेटी बचाओ, बेटी पढ़ाओ

India's First State Private Women's University

JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR
ज्योति विद्यापीठ महिला विश्वविद्यालय, जयपुर

Established by Govt. of Rajasthan through Act No. 17 of 2008 under section 2(f) & (12b) of the UGC Act, 1956
NAAC Accredited | UGC Approved | Recognized by Statutory Councils

Best Practice

Title of Practice: Fostering Holistic Student Growth: Maximizing Engagement in Co-curricular, Extra-curricular and Community Development Initiatives

Objectives:

1. Encourage vibrant student participation in co-curricular and extra-curricular activities to broaden skills and personal interests.
2. Create a dynamic platform for students to showcase talents, creativity, and leadership capabilities.
3. Promote teamwork and collaboration through active group participation in various activities.
4. Improve students' overall well-being by engaging in sports, arts, and recreational activities.
5. Inspire community contribution through social service and initiatives for community development.
6. Facilitate meaningful interaction between students and industry professionals for valuable career insights.
7. Cultivate a culture of continuous learning and self-improvement through diverse activities.
8. Provide a holistic education that prepares students for real-world challenges beyond academics.

Context:

In today's education landscape, the focus is on holistic student development, extending beyond traditional academic achievements. Co-curricular and extra-curricular activities at JVWU play a vital role in students' journeys by providing avenues to explore interests, refine skills, and foster community responsibility. Actively involving students in these initiatives aligns with the university's mission of "Education for Community Development through Women Empowerment." Operating in a disciplined and serene environment, JVWU serves as a catalyst for cultivating interpersonal skills and social behavior, significantly contributing to fulfilling its overarching mission.



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Practice:

To ensure maximum student engagement in co-curricular and extra-curricular activities, University take various measures which provide adequate resources and facilities for students to pursue.

- 1. Holistic education:** To provide students with a well-rounded education that goes beyond academics and helps them to develop life skills, leadership qualities and social awareness. By participating in activities such as sports, cultural events & by working under various clubs of the University. Students learn how to communicate effectively, work in teams and collaborate. Students are encouraged to think outside the box, explore new ideas, and develop their analytical skills to become more innovative and develop their social skills, which are essential for their personal and professional growth.
- 2. Student engagement:** The focus is on actively involving students in a range of activities that cater to their diverse interests, talents, and abilities, thereby promoting their engagement and participation in all campus activities for which university promotes students by providing them opportunities to organize, manage and conduct all campus events including academic events, festival celebration, outreach programmes, Annual Fest, Academic Fest etc. To ensure 100% participating in all activities, Student Council leads all the events and activities of the university.
- 3. Co-curricular activities:** These are activities that complement the academic curriculum. These activities provide opportunities for students to explore their interests, develop their skills, and interact with peers. The University periodically organizes guest lectures, seminars, webinars, conferences, orientation programmes, training sessions and educational tours etc. Students are encouraged to participate in Co-curricular activities like seminars, conferences, educational tours so that students can learn how to learn practical knowledge, how to take responsibility and understand working culture.



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- 4. Extra-curricular activities:** These are activities that are not part of the academic curriculum but are still valuable for personal growth and development which includes sports events, cultural fest like Dance, Music, Fashion, Traditional fest etc. The university always encourages students to participate in various extra-curricular activities like various sports & Cultural Competitions at inter-university/state/national or international level. With these efforts our students have successively won many awards and medals in sports and cultural events in the last 5 years.
- 5. Community development:** The focus is on encouraging students to engage in activities that benefit the wider community. This may include volunteering for social causes, participating in environmental initiatives, and promoting civic engagement. By participating in social activities, students learn the importance of social responsibility and develop a sense of empathy towards others that helps to create socially responsible citizens who are aware of their role in making a positive impact in their community.
- 6. Collaboration and teamwork:** Many co-curricular and extra-curricular activities involve working in teams, promoting collaboration and building communication skills which promote students' overall growth & development. At JWU many academic and non-academic events organized in association of Collaborative & Associated partners that are fully executed or implemented with the help of students.
- 7. Career development:** Participation of students in portfolio activities, internship, industrial trainings etc. provide students with opportunities to develop skills and experiences that are relevant to their future careers. Project/dissertation/industrial visits/field visits provide real-time opportunity and learning experience to students and gives ample opportunity to learn new skills as per industry and society needs. University offers programmes having components of field projects / research projects / internships etc. And also implemented MOOC courses from academic session 202-23.



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Evidence of Success:

Studies have shown that participating in co-curricular and extra-curricular activities that made a positive impact on student development, both academically and socially. Students who are engaged in these activities have higher academic achievement, better attendance records, and improved behaviour compared to those who are not involved.

In the last five (5) years Students got various achievements, recognition and awards by actively participating in co-curricular, extracurricular activities and outreach programmes.

1. Rajasthan International Film Festival Awards for Best Documentary Film production “The Bapu Ashram” & Kahani 26/11 in the year 2022-23 & 2023-24
2. Best Short Film Production awarded by CEMCACOMMUNITY RADIO VIDEO CHALLENGE - 2020 “Punar Janam” Waste Management Practices.
3. National Moot Court Competitions Winner in 2022-23
4. Outstanding performance of students in achieving many Records in India Book of Records, Worldwide Book of Records for their unique activities in the academic session 2021-22, 2022-23 and 2023-24
5. Highly noticeable social work done by the students of BAMS, BHMS, BNYS students during the COVID Pandemic in the Academic Session 20220-21 & 2021-22. Ours Students worked at Government PHCs with joining hands with State Government. Conducted various activities in rural communities, routine health checkups, Vaccinations Camps, Distribution of Ayurvedic & Homeopathic Immunity Boosters, Swarn prashan Dosages & Door to Door awareness campaigns.
6. Appreciations received for outstanding performance in Cultural and Sports Events conducted at Inter University /State/National or International Level in the last 5 years.
7. Appreciations & Recognitions in Fashion Shows& Art Exhibition at Rajasthan Fashion Fest& Jawahar Kala Kendra etc. and other Intern University level competitions.
8. Fellowship granted To BHMS Students Of Batch 2022-23 & 2023-24 by Central Council For Research In Homoeopathy for research.



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9. Students attended various workshops, national/international Conferences, Seminar, webinars Training and engage in Research publications, presentations at national & International Conferences & Symposiums
10. Students qualified in many Governments Competitive exams including judiciary, public services, Medical & health Care sectors, Education Departments NET, JRF, etc.
11. Students appreciated for their work done under community development activities through NSS, UBA, Red Ribbon, Electoral Literacy, Student Council at National & International platforms.
12. Soft skills development such as communication, problem-solving session interpersonal, and teamwork skills contributing significantly to the holistic development of students.
13. University has strategic alliance with reputed national and international academic, research and industrial training and corporate organizations for joint research, collaborative training and workshops to enable students to attain global competency levels.
14. On-the-job training/apprenticeships/ Startup activities allow students to “earn while they learn” which is an excellent approach from the University that combines academic learning with practical, hands-on experience.
15. Through Community development Activity (CDA), UBA activities in the form of Field Project/Dissertation/Research and community engagement programmes, University focuses on inculcating students with values of civic responsibility and teaching them to work together effectively in complex environments to find practical solutions to some of most pressing social issues.
16. Our students are well trained in Self Defence, Yoga Meditation, Help Aid, Computer Skills, Disaster Management, Fashion, Fine Arts, Photography, Journalism, and Communication etc. awarded with Nation Building Community Development (NBCD) certificate after completing their Degree Program.



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Problem Encountered & Resources Required:

- 1. Professional Training Enhancement:** Acknowledging the crucial role of continuous professional development, we actively seek opportunities to boost faculty and trainer skills. This involves partnerships with industry experts, regular workshops and securing resources for development. Prioritizing technology integration for upliftment, we aim for financial support.
- 2. Technological Advancements in Rural Development:** Acknowledging tech limitations, we commit to a cutting-edge learning experience. This involves investing in tools, tech partnerships, and ensuring widespread access for an enriched learning environment.

Active engagement in diverse activities has proven instrumental in developing crucial life skills such as leadership, communication, teamwork, and time management among students. Additionally, community development initiatives cultivate social responsibility and civic engagement, encouraging collaboration for community improvement and raising awareness of social issues. These activities foster empathy, compassion, and understanding, evident in improved academic performance, behavior, the acquisition of vital life skills, and an enhanced sense of social responsibility.